

APPLICATION FOR ADMISSION
International Student



INTERNATIONAL STUDENT APPLICATION FOR ADMISSION

Name of Applicant: _____

Home City: _____ Country of Citizenship: _____

Sex: Male ____ Female ____ Country of Birth: _____

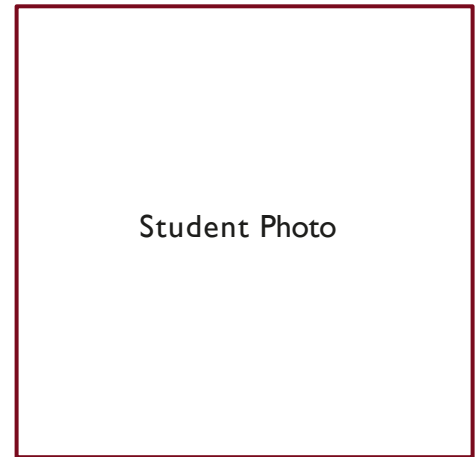
Applying for School Year 20____ - 20

Applying for Grade:

- 9
- 10
- 11
- 12

Program Type Applying for:

- One Year
- Diploma Seeking



Associated with/Partnered with (organization): _____

How did you hear about us? _____

International Student Office of Admissions

124 North Terrace

Fargo, North Dakota 58102-3899 U.S.A.

Phone: 701.373.7115 • FAX: 701.297.1993

kristi.kegel@oakgrovelutheran.com

www.oakgrovelutheran.com

Date application received by OGLS

Non-refundable application fee included

Application Procedure & Timetable

STEP 1

USE APPLICATION CHECKLIST (Included in Application Packet)

- Complete Application
- Include 1 - Principal/Headmaster Recommendation
- Include 2 - Teacher/Advisor/Class Master Recommendation Forms
- Official Transcripts must be submitted with application and translated into English on the Oak Grove's Grades & Attendance Form
- Complete Medical Information and Student Health Forms
- Complete Certificate of Immunization Form by Physician
- Complete Physical Examination and Sports Physical Form by Physician
- Complete Dental Examination Form by Dentist/Orthodontist
- Complete Temporary Guardianship Agreement
- Complete Statement of Mental Health
- Include application fee of \$250 - US Currency (non-refundable)
- Skype Interview

STEP 2

IF STUDENT IS ACCEPTED, Oak Grove will send the following:

- The Acceptance Letter
- The Letter of Support
- The I-20 Form from Oak Grove Lutheran School
- International Student Handbook (some forms to be signed by natural parents) and guardianship letter for medical (TED)
- Field Trip Form/Participant Travel Waiver
- Computer Use Form
- Family Educational Right & Privacy Act Form
- Wellness Center Waiver and Release Form
- A receipt for the application fee

STEP 3

VISA APPLICATION. The documents needed at the Embassy are:

- The Passport
- The Acceptance Letter and Letter of Support
- The I-20 Form issued from Oak Grove Lutheran School
- The receipts for any payments made
- Proof of family financial support
- Proof of connections to home country after schooling is finished

STEP 4

WHEN VISA IS GRANTED:

- Inform the Admissions Department of Oak Grove Lutheran School
- Inform the Admissions Department of Flight and Arrival Arrangements (International Students must arrive 7-10 days prior to the first week of school.)

STEP 5

- Proof of Medical Insurance
- Payment deadline for remaining expenses and fees: August 1

STEP 6

- Departure to Fargo

Application Checklist

APPLICATION FORM AND FEE:

Return the completed form with a \$250 non-refundable application fee. (PAYABLE IN U.S. CURRENCY)
For wire transfer, please e-mail Oak Grove's International Coordinator - Kristi Kegel at kristi.kegel@oakgrovelutheran.com.

TRANSCRIPT(S):

A transcript of your courses, credits and grades from any schools attended are very important to our review process. Transcripts from the past three (3) years of school are required. **These transcripts must be official, bear official seals, be for 3 years prior to grade applying for admission at Oak Grove and be translated into English on our Oak Grove Grade and Attendance Form found in the application packet or online. Please also provide non-translated transcripts in home language.**

RECOMMENDATIONS:

Information from your principal and two teachers will be used for admissions and placement decisions. All forms must be returned with your application. **Recommendations must be completed in English.**

TESTING:

Testing may be required if the Skype interviews are not sufficient. The 2 types of tests and scores Oak Grove Lutheran School uses are: IELTS General Training scores of 5.5 or higher. Toefl preferred score of 35-40 or higher on Internet Based Test (IBT) or 417-433 or higher on Paper Based Test (PBT). School code is B404. Information at www.toefl.org.

IMMUNIZATIONS:

The Immunization Form is required by law and must be submitted with your application. **This form must be completed in English, signed and stamped by the physician.** ~~Students arriving with immunization records not up-to-date will be required to obtain necessary immunizations at their own expense prior to starting school. This process will be completed by Oak Grove's International Coordinator.~~

SPORTS PHYSICAL FORMS:

The NDHSAA Participation Physical Evaluation Form must be completed, with page 1 being filled out by the parent/student and pages 3 and 4 being filled out by a physician. This form must be completed in English, signed by the physician, and returned to Oak Grove upon arrival.

ALL OTHER REQUIRED FORMS:

Must be read and signed by student and natural parent and returned to Oak Grove.

PROOF OF MEDICAL INSURANCE: Must be provided prior to arrival in the U.S.

INTERVIEWS:

A video interview must be completed prior to being accepted into the international program.

Please refer to the Student Handbook for all school rules and regulations.

No reimbursement of tuition, fees, or payments of any kind will be given upon the voluntary withdrawal or dismissal of a student.

Send Completed Application to:	International Student Admissions Department
	Oak Grove Lutheran School
	124 North Terrace
	Fargo, ND 58102 USA

Personal Information*Please fill in ALL spaces in English unless directed otherwise.*

Name of Applicant: _____

Family name (as appears on passport) _____**Family name** (in native language) _____**First name** (as appears on passport) _____**First name** (in native language) _____**Middle name** (as appears on passport) _____**Middle name** (in native language) _____

Address: _____ State/Province/Territory: _____

City: _____ Country: _____ Postal Code: _____

Address in Native Language (if different than English): _____

English nickname (if applicable): _____ Applicant's Telephone: _____

Applicant's E-mail: _____ Age: _____ Date of Birth: MM/DD/YYYY

Height (in inches): _____ Weight (in pounds): _____ Eye Color: _____

Native Language _____ Religion: _____

Sex: Male ___ Female ___ Passport Number: _____ Type of Visa held (if any or applying for): _____

Do you have any health problems? Pre-existing conditions such as pregnancy? _____

_____**Family Information***Please fill in ALL spaces in English unless directed otherwise.***FATHER:**

Father's Name: _____ (in native language) _____

Address (if different from applicant's): _____

Address (in native language): _____

Telephone: _____ Fax: _____ Work Telephone: _____

E-mail: _____ Age: _____

Occupation and Title: _____ Company Name: _____

MOTHER:

Mother's Name: _____ (in native language): _____

Address (if different from applicant's): _____

Address (in native language): _____

Telephone: _____ Fax: _____ Work Telephone: _____

E-mail: _____ Age: _____

Occupation and Title: _____ Company Name: _____

SIBLINGS:

Brother/Sister Name: _____ Age: _____

Brother/Sister Name: _____ Age: _____

Brother/Sister Name: _____ Age: _____

School Information*Please fill in ALL spaces in English unless directed otherwise.*

Applicant's Current School: _____

School Address: _____ State/Province/Territory: _____

City: _____ Country: _____ Postal Code: _____

Telephone Number: _____ Date entered: _____ Is school: public? private?

Current Grade Level: _____ Out of Total Number of Grades: _____

Current GPA: _____ Last Year's GPA: _____

GPA = Grade Point Average

Student's Life

Responses must be completed full and in English.

1. What sports/activities are you active or interested in? _____

2. Have you taken the TOEFL test? Yes _____ No _____. Have you taken the IELTS test? Yes _____ No _____.

If yes: Date taken: _____ Score: _____

If yes: Date taken: _____ Score: _____

3. What do you plan to do after you finish high school? _____

4. To whom should correspondence (grade reports, communications, etc.) be sent?

_____ Parents - address listed on page 2.

_____ School _____ Associated Agency

To the attention of: (in English) _____

(in native language) _____

Title _____ E-mail: _____

Telephone: _____ Fax: _____

5. Emergency contacts **other than parents:**

In Home Country

Name: _____ Relationship: _____

Telephone: _____ Fax: _____ E-mail: _____

Do they understand and speak English? Yes _____ No _____

In the U.S.A.

Name: _____ Relationship: _____

Telephone: _____ Fax: _____ E-mail: _____

6. How active are you religiously? Very Active Active Inactive

7. What are your goals and your parent's goals for having you attend an American high school such as Oak Grove?

8. What languages do you speak or have studied? _____



Oak Grove Study Abroad Grades and Attendance Record

This form may be reproduced to accommodate multiple years of course studies.

Name of Student: _____

Name of School Currently Attending: _____

School Address: _____

School Email (Counselor/Principal): _____

School Telephone: _____ School Fax: _____

- Student's Attendance Record:
1. Dates attended: From _____ to _____ (mm/dd/yyyy)
 2. Number of Days Required to Attend per year: _____ days
 3. Number of Days Absent: Excused: _____ days Unexcused: _____ days

Grades: Please list the number of classes per week and minutes in each period. *The first line serves as an example:*

Example: Year 9 out of 12 total years in school system.						
Year _____ out of _____ total years in school system.						
Course of Study in English	1 st Semester			2 nd Semester		
	Classes/week	Minutes/class	Score %	Classes/week	Minutes/class	Score %
Example: English	5	50	98%			

Please indicate using (*) if the student did NOT pass the course.

Signature (Native Language): _____

Date: _____ (mm/dd/yyyy)

Name in Roman Letters: _____

Title: _____

Official School Seal: _____

General Grading Scale

If your grading scale is different, please indicate corresponding % with appropriate letter grade and provide PROOF of grading scale from your school's headmaster.

Percent %	Letter Grade
90-100	A
80-89	B
70-79	C
60-69	D
0-59	*F

**HEADMASTER OR PRINCIPAL
RECOMMENDATION**

**Please enclose reference in envelope and secure with school seal.
Recommendation form must be included with student application.**

The following student is a candidate for admission to Oak Grove Lutheran School in the United States. Your careful consideration and evaluation of this student would be greatly appreciated. Please include any observations you believe would be helpful to the admission committee. Thank you for your time and cooperation.

PLEASE RESPOND IN ENGLISH

Name of Applicant _____

1. How long have you known this student? _____

2. Briefly describe the applicant's behavior and attitude.

3. To your knowledge, has the applicant ever been suspended, dismissed or involved in any serious disciplinary action? Yes or No (please circle one) If yes, please explain.

4. Are you aware of any areas in which this student may need assistance: academic or social? Yes or No (please circle one) If yes, please explain.

5. Please check one of the following:

_____ I recommend the applicant.

_____ I recommend the applicant with reservation for the following reasons:

_____ I do not recommend the applicant for the following reasons:

Signature _____ Title _____

School _____ Date _____

Address _____ Email _____

**TEACHER / ADVISOR / CLASS MASTER
RECOMMENDATION**

**Please enclose reference in envelope and secure with school seal.
Recommendation form must be included with student application.**

The following student is a candidate for admission to Oak Grove Lutheran School in the United States. Your careful consideration and evaluation of this student would be greatly appreciated. Please include any observations you believe would be helpful to the admission committee. Thank you for your time and cooperation.

PLEASE RESPOND IN ENGLISH

Name of Applicant _____

How long have you known this student? _____

Number of years the student has studied English? _____

Please rate the applicant. 1=Unacceptable 2=Below Average 3=Average 4=Good 5=Superior

ACADEMIC ACCOUNTABILITY

Achievement	1 2 3 4 5	Attitude	1 2 3 4 5
Accountability	1 2 3 4 5	Effort	1 2 3 4 5
Motivation	1 2 3 4 5	Conduct	1 2 3 4 5
Responsibility	1 2 3 4 5	Creativity	1 2 3 4 5

ENGLISH LANGUAGE ABILITY

Proficiency	1 2 3 4 5	Reading	1 2 3 4 5
Writing	1 2 3 4 5	Speaking	1 2 3 4 5
Grammar	1 2 3 4 5	Comprehension	1 2 3 4 5

GENERAL CHARACTER

Integrity	1 2 3 4 5	Honesty	1 2 3 4 5
Ambition	1 2 3 4 5	Leadership	1 2 3 4 5
Confidence	1 2 3 4 5	Sociability	1 2 3 4 5
Compassion	1 2 3 4 5	Cooperation	1 2 3 4 5
Maturity	1 2 3 4 5		

COMMENTS

Please share your observations or evaluation of the applicant, in and outside of the classroom. Include comments about the applicant's attendance record, study habits, general attitude, personality strengths and weaknesses. (Please attach separate letter if additional space is needed.)

NAME _____ TITLE _____

SCHOOL _____ DATE _____

To be filled out in English. All information is confidential.

OAK GROVE LUTHERAN SCHOOL MEDICAL INFORMATION **YEAR** _____

Name _____ Grade _____ Sex: M or F

Address (home country) _____

Phone _____

EMERGENCY: Does student have a health problem which could result in an emergency while at school (insect sting, seizure, diabetes, bleeding problems, heart condition, other)? Yes _____ No _____ If yes, please describe: _____

MEDICATIONS taken regularly at home and/or school and reason: _____

If medication needs to be administered at school, parent must complete school consent form and have it signed by the licensed prescriber. Please contact the Admissions Department to request a form.

ORTHODONTIC/DENTAL NEEDS/CONCERNS: _____

VISION (glasses, contacts or other): _____

HEARING NEEDS/CONCERNS: _____

ALLERGIES (i.e., pets, foods, medications, etc.): _____

ASTHMA (emergency medication, inhaler or EpiPen): _____

HEART PROBLEMS: _____

SPEECH/LANGUAGE CONCERNS: _____

ATTENTION DEFICIT/HYPERACTIVITY DISORDER: YES NO Date of diagnosis: _____

NUTRITION (special diet, food allergies, diabetes, etc.): _____

EMOTIONAL CONCERNS (recent death, depression or other): _____

PHYSICAL CONCERNS OR DISABILITIES: _____

NERVOUS SYSTEM (seizures, weakness, other): _____

CHICKEN POX: YES NO Date of last Tetanus shot _____

OTHER (skin problems, headaches or other concerns the nurse should be aware of): _____

DO YOU SMOKE? YES NO If yes, please be aware Oak Grove will not accept students for enrollment who smoke as it is illegal for anyone under the age of 18 to smoke in the U.S.

I HEREBY GIVE PERMISSION TO AN AUTHORIZED OAK GROVE SCHOOL OFFICIAL TO OBTAIN MEDICAL ATTENTION FOR MY CHILD IN CASE OF INJURY OR ILLNESS.

Parent/Guardian signature: _____

We authorize Oak Grove school nurse/administration to assist in the dispensing of:
____ Tylenol or cough drops under the instruction of the school nurse and/or administration.
____ I do not want any medication administered to my student.

- In consideration of this authorization made at our request, we do hereby agree to indemnity and save harmless the Board of Regents, the individual members thereof and any officials or employees in charge of dispensing medication from any claims or liability for injury or damages caused or claimed to be caused or to result from the dispensing of "over the counter" medication.

Parent/Guardian signature: _____

Oak Grove Lutheran School Student HEALTH FORM

Name _____ School Year _____

Grade _____ DOB _____ Sex _____

Student's physician/clinic _____ Phone _____

Student's dentist _____ Phone _____

Does student have medical insurance? YES _____ NO _____

HEALTH HISTORY

[Y=currenty under treatment

N=no history

R=problem in the past but currently resolved]

ADD/ADHD	
Asthma	
Bone/Joint Problems	
Diabetes	
Chronic Ear Infections	
Emotional/Behavioral	
Hearing Loss/Issue	
Chronic Headache/Migraine	

Allergies (if yes, see below)	
Heart Condition	
Seizure Disorder	
Head Injury	
Glasses/Contacts	
Weight Concerns	
Nosebleed (freq or severe)	
Skin Problems (chronic or severe)	

Other concerns which may affect student? _____

ALLERGIES Please list and describe any allergies below. Indicate **mild, moderate, or severe:**

Bee/Wasp Stings
Medicines/Drugs
Food/Plants/other
Pollen/Dust/Hay Fever
Recommended treatment student currently receives, or has received in the past: <i>antihistamines:</i> _____ <i>inhalers:</i> _____ <i>EpiPen:</i> _____ <i>other:</i> _____

INJURIES & ILLNESSES Please list any severe injuries or illnesses in the student's history.

Injury/Illness	Age of Child	Hospitalized?

Is your student ready for school?

Immunization Requirements

Use this chart as a guide to determine which vaccines are required to enroll your student in school (public, private, or homeschool). Check marks show the number of required doses.

This [schedule](#) shows the ages when doses are due.

Kindergarten - 6th Grade	7th - 10th Grade	11th - 12th Grade
Hepatitis B ✓✓✓	Hepatitis B ✓✓✓	Hepatitis B ✓✓✓
DTaP ✓✓✓✓✓	DTaP ✓✓✓✓✓	DTaP ✓✓✓✓✓
Polio ✓✓✓✓	Polio ✓✓✓✓	Polio ✓✓✓✓
MMR ✓✓	MMR ✓✓	MMR ✓✓
Chickenpox ✓✓	Chickenpox ✓✓	Chickenpox ✓✓
	Meningococcal ✓	Meningococcal ✓✓
	TDaP ✓	TDaP ✓

Exemptions

To enroll in school in North Dakota, children must show they've had these immunizations or file an exemption with the school.

Parents may file a medical exemption signed by a health care provider or a non-medical exemption signed by a parent/guardian. A blank exemption form can be found on our [website](#).



CERTIFICATE OF IMMUNIZATION
NORTH DAKOTA DEPARTMENT OF HEALTH
 SFN 16038 (Revised 01-2018)

Division of Disease Control
 2635 East Main Ave. PO Box 5520
 Bismarck, ND 58506-5520
 800.472.2180 or 701.328.3386

Child's Name (Last, First, Middle Initial):	Date of Birth:
Parent's Name:	Telephone Number:

Vaccine Type		Exemption Type*	Enter Month/Day/Year for Each Immunization Given				
Hepatitis B	Hepatitis B						
Rotavirus	Rotavirus						
Hib	<i>Haemophilus influenzae</i> type B						
PCV	Pneumococcal conjugate						
DTP/DTaP/DT	Diphtheria-Tetanus-Pertussis						
IPV/OPV	Polio						
MMR	Measles-Mumps-Rubella						
Varicella	Chickenpox						
Hepatitis A	Hepatitis A						
Td/Tdap	Tetanus-Diphtheria (and Pertussis)						
MCV4	Meningococcal ACYW-135						
HPV	Human Papillomavirus						
Men B	Meningococcal B						
Other							

To the best of my knowledge, this person has received the above-indicated immunizations on the above dates.

Physician, Nurse, Local/State Health:	Title:	Date:
---------------------------------------	--------	-------

If additional doses are added after initial signature, please initial dose and sign below.

Update signature #1:

Physician, Nurse, Local/State Health:	Title:	Date:
---------------------------------------	--------	-------

Update signature #2:

Physician, Nurse, Local/State Health:	Title:	Date:
---------------------------------------	--------	-------

My child has not met the minimum requirements for his/her age. I agree to resume immunizations within 30 days from the date I was notified (today's date noted below) and to submit a signed Certificate of Immunization.

Parent/Guardian Signature:	Date:
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Statement of Exemption to Immunization Law

In the event of an outbreak, exempted persons may be subject to exclusion from school or childcare facility.

Medical (Med) Exemption: (Indicate vaccine above, requires physician signature) The physical condition of the above-named person is such that immunization would endanger life or health or is medically contraindicated due to other medical conditions.

History of Disease (HD) Exemption: (Indicate vaccine above, requires physician signature) To the best of my knowledge, the above named person has had prior infection as indicated by prior diagnosis or laboratory confirmation.

Physician Signature:	Date:
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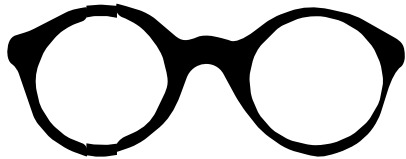
Religious (Rel), Philosophical/Moral (PBE) Exemption: (Indicate vaccine above, requires parental signature)

Parent/Guardian Signature:	Date:
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* Medical =Med, History of Disease = HD, Religious = Rel, Philosophical/Moral = PBE

DENTAL EXAMINATION FORM

1. STUDENT'S NAME		2. DATE OF BIRTH (YYYY/MM/DD)	
3. EXAMINATION RESULTS Dear Doctor, The individual you are examining is applying for international study in the United States. Please mark (X) the block that best describes the condition of the individual, using as a suggested minimum a clinical examination with mirror and probe, and bitewing radiographs.			
		(1) Patient has good oral health and is not expected to require dental treatment or reevaluation for 12 months.	
		(2) Patient has some oral conditions, but you do not expect these conditions to result in dental emergencies within 12 months if not treated. (i.e. requires prophylaxis, asymptomatic caries with minimal extension into dentin, edentulous areas not requiring immediate prosthetic treatment).	
		(3) Patient has oral conditions that you do expect to result in dental emergencies within 12 months if not treated. Examples of such conditions are: (X the applicable block or specify in the space provided.)	
		(a) Infections: Acute oral infections, pulpal or periapical pathology, chronic oral infections, or other pathologic lesions and lesions requiring biopsy or awaiting biopsy report.	
		(b) Caries/Restorations: Dental caries or fractures with moderate or advanced extension into dentin; defective restorations or temporary restorations that patients cannot maintain for 12 months.	
		(c) Missing Teeth: Edentulous areas requiring immediate prosthodontic treatment for adequate mastication, communication, or acceptable esthetics.	
		(d) Periodontal Conditions: Acute gingivitis or pericoronitis, active moderate to advanced periodontitis, periodontal abscess, progressive mucogingival condition, moderate to heavy subgingival calculus, or periodontal manifestations of systemic disease or hormonal disturbances.	
		(e) Oral Surgery: Unerupted, partially erupted, or malposed teeth with historical, clinical, or radiographic signs or symptoms of pathosis that are recommended for removal.	
		(f) Other: Temporomandibular disorders or myofascial pain dysfunction requiring active treatment.	
(4) If you selected Block (3) above, please indicate the condition(s) you identified in this patient if they appear above, or briefly describe the condition(s) below.			
(5) Were X-rays consulted?		IF YES, DATE X-RAY WAS TAKEN (YYYY/MM/DD)	
4. DENTIST'S NAME (Last, First, Middle Initial)		5. DENTIST'S TELEPHONE NUMBER (Include Country Code)	
6. DENTIST'S SIGNATURE & LICENSE NUMBER		7. DATE OF EXAMINATION (YYYY/MM/DD)	
8. ORTHODONTIA (1) Does this student have orthodontic needs?		Students requiring orthodontic care during their time at Oak Grove will work with the International Coordinator to obtain that care.	
(2) If yes, briefly describe:			
9. ORTHODONTIST'S NAME (Last, First, Middle Initial)		10. ORTHODONTIST'S TELEPHONE NUMBER (Include Country Code)	
11. ORTHODONTIC PRACTICE NAME		12. DATE OF EXAMINATION (YYYY/MM/DD)	



Oak Grove Lutheran School

Practice Name: _____
Street: _____
City, ST ZCode: _____
Phone: _____
Fax: _____
Website: _____

Patient	
Name: _____	DOB: _____
Address _____	Phone: _____

Pediatrician / Family Medicine Physician	Other Coordinating Physician
Name _____	Name _____
Address: _____	Address _____
Phone _____	Phone _____
Fax: _____	Fax: _____

This patient received an eye examination on ____ / ____ / ____ with the following results.

Visual Acuity: Distance	Right	Left	Both	Visual Acuity: Near	Right	Left	Both
Uncorrected	20/	20/	20/	Uncorrected	20/	20/	20/
Current correction	20/	20/	20/	Current correction	20/	20/	20/
Best correction	20/	20/	20/	Best correction	20/	20/	20/

Assessment - Refractive Error	Right	Left	Inconclusive	Cycloplegic retinoscopy / refraction	Dilated Fundus Exam	Optomap
Emmetropia (No refractive error)			<input type="checkbox"/>	<input type="checkbox"/> Performed	<input type="checkbox"/> Performed	<input type="checkbox"/> Performed
Myopia (Nearsighted)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Deferred	<input type="checkbox"/> Deferred	<input type="checkbox"/> Deferred
Hyperopia (Farsighted)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Declined	<input type="checkbox"/> Declined	<input type="checkbox"/> Declined
Astigmatism (Differing optical curvatures)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			

Assessment - Other	Normal	Abnormal*	Inconclusive	Assessment - Other	Normal	Abnormal*	Inconclusive
Intraocular pressure	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Color vision	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Binocular red reflex	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Motility (extraocular muscle function)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pupillary evaluation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Visual field (peripheral vision)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Accommodation (focus ability)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Ocular health (external)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Convergence (eye teaming)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Ocular health (internal)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Binocularity / Stereoacuity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Other:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Yes*	No	Inconclusive				
Amblyopia (reduced vision w/o organic defect)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
Strabismus (eye turn)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				

* Comments _____

Inconclusive - refers to the inability of the child to perform or complete the evaluation needed to determine assessment.

Treatment	Refractive Error	Additional
<input type="checkbox"/> Rx prescribed	<input type="checkbox"/> Distance only	<input type="checkbox"/> Amblyopia therapy prescribed
<input type="checkbox"/> Rx not prescribed	<input type="checkbox"/> Near only	<input type="checkbox"/> Medication prescribed
	<input type="checkbox"/> Full-time use	<input type="checkbox"/> Specialist referral recommended
	<input type="checkbox"/> As needed use	<input type="checkbox"/> Other: See below

Comments _____

Reevaluation scheduled in: Day(s) Week(s) Month(s) Year(s)

Dr. Name: _____ Print _____ Date: ____ / ____ / ____
Vision Source

NDHSAA PREPARTICIPATION PHYSICAL EVALUATION

HISTORY FORM

Note: Complete and sign this form (with your parents if younger than 18) before your appointment.

Name: _____ Date of birth: _____

Date of examination: _____ Sport(s) _____

Sex _____ Age _____ Grade _____ School _____

List past and current medical conditions. _____

Have you ever had surgery? If yes, list all past surgical procedures. _____

Medicines and supplements: List all current prescriptions, over-the-counter medicines, and supplements (herbal and nutritional). _____

Do you have any allergies? If yes, please list all your allergies (ie, medicines, pollens, food, stinging insects). _____

Patient Health Questionnaire Version 4 (PHQ-4)
Over the last 2 weeks, how often have you been bothered by any of the following problems? (Circle response.)

	Not at all	Several days	Over half the days	Nearly every day
Feeling nervous, anxious, or on edge	0	1	2	3
Not being able to stop or control worrying	0	1	2	3
Little interest or pleasure in doing things	0	1	2	3
Feeling down, depressed, or hopeless	0	1	2	3

(A sum of ≥ 3 is considered positive on either subscale [questions 1 and 2, or questions 3 and 4] for screening purposes.)

GENERAL QUESTIONS (Explain "Yes" answers at the end of this form. Circle questions if you don't know the answer.)		
	Yes	No
1. Do you have any concerns that you would like to discuss with your provider?		
2. Has a provider ever denied or restricted your participation in sports for any reason?		
3. Do you have any ongoing medical issues or recent illness?		
HEART HEALTH QUESTIONS ABOUT YOU	Yes	No
4. Have you ever passed out or nearly passed out during or after exercise?		
5. Have you ever had discomfort, pain, tightness, or pressure in your chest during exercise?		
6. Does your heart ever race, flutter in your chest, or skip beats (irregular beats) during exercise?		
7. Has a doctor ever told you that you have any heart problems?		
8. Has a doctor ever requested a test for your heart? For example, electrocardiography (ECG) or echocardiography.		

HEART HEALTH QUESTIONS ABOUT YOU (CONTINUED)		
	Yes	No
9. Do you get light-headed or feel shorter of breath than your friends during exercise?		
10. Have you ever had a seizure?		
HEART HEALTH QUESTIONS ABOUT YOUR FAMILY	Yes	No
11. Has any family member or relative died of heart problems or had an unexpected or unexplained sudden death before age 35 years (including drowning or unexplained car crash)?		
12. Does anyone in your family have a genetic heart problem such as hypertrophic cardiomyopathy (HCM), Marfan syndrome, arrhythmogenic right ventricular cardiomyopathy (ARVC), long QT syndrome (LQTS), short QT syndrome (SQTS), Brugada syndrome, or catecholaminergic polymorphic ventricular tachycardia (CPVT)?		
13. Has anyone in your family had a pacemaker or an implanted defibrillator before age 35?		

NDHSAA PREPARTICIPATION PHYSICAL EVALUATION

BONE AND JOINT QUESTIONS		Yes	No
14.	Have you ever had a stress fracture or an injury to a bone, muscle, ligament, joint, or tendon that caused you to miss a practice or game?		
15.	Do you have a bone, muscle, ligament, or joint injury that bothers you?		
MEDICAL QUESTIONS		Yes	No
16.	Do you cough, wheeze, or have difficulty breathing during or after exercise?		
17.	Are you missing a kidney, an eye, a testicle (males), your spleen, or any other organ?		
18.	Do you have groin or testicle pain or a painful bulge or hernia in the groin area?		
19.	Do you have any recurring skin rashes or rashes that come and go, including herpes or methicillin-resistant <i>Staphylococcus aureus</i> (MRSA)?		
20.	Have you had a concussion or head injury that caused confusion, a prolonged headache, or memory problems?		
21.	Have you ever had numbness, had tingling, had weakness in your arms or legs, or been unable to move your arms or legs after being hit or falling?		
22.	Have you ever become ill while exercising in the heat?		
23.	Do you or does someone in your family have sickle cell trait or disease?		
24.	Have you ever had, or do you have any problems with your eyes or vision?		

MEDICAL QUESTIONS (CONTINUED)		Yes	No
25.	Do you worry about your weight?		
26.	Are you trying to or has anyone recommended that you gain or lose weight?		
27.	Are you on a special diet or do you avoid certain types of foods or food groups?		
28.	Have you ever had an eating disorder?		
FEMALES ONLY		Yes	No
29.	Have you ever had a menstrual period?		
30.	How old were you when you had your first menstrual period?		
31.	When was your most recent menstrual period?		
32.	How many periods have you had in the past 12 months?		

Explain "Yes" answers here.

I hereby state that, to the best of my knowledge, my answers to the questions on this form are complete and correct.

Signature of athlete: _____

Signature of parent or guardian: _____

Date: _____

■ NDHSAA PREPARTICIPATION PHYSICAL EVALUATION

PHYSICAL EXAMINATION FORM

Name: _____ Date of birth: _____

PHYSICIAN REMINDERS

- Consider additional questions on more-sensitive issues.
 - Do you feel stressed out or under a lot of pressure?
 - Do you ever feel sad, hopeless, depressed, or anxious?
 - Do you feel safe at your home or residence?
 - Have you ever tried cigarettes, e-cigarettes, chewing tobacco, snuff, or dip?
 - During the past 30 days, did you use chewing tobacco, snuff, or dip?
 - Do you drink alcohol or use any other drugs?
 - Have you ever taken anabolic steroids or used any other performance-enhancing supplement?
 - Have you ever taken any supplements to help you gain or lose weight or improve your performance?
 - Do you wear a seat belt, use a helmet, and use condoms?
- Consider reviewing questions on cardiovascular symptoms (Q4–Q13 of History)

EXAMINATION		
Height:	Weight:	
BP: / (/)	Pulse:	Vision: R 20/ L 20/ Corrected: <input type="checkbox"/> Y <input type="checkbox"/> N
MEDICAL	NORMAL	ABNORMAL FINDINGS
Appearance <ul style="list-style-type: none"> Marfan stigmata (kyphoscoliosis, high-arched palate, pectus excavatum, arachnodactyly, hyperlaxity, myopia, mitral valve prolapse [MVP], and aortic insufficiency) 		
Eyes, ears, nose, and throat <ul style="list-style-type: none"> Pupils equal Hearing 		
Lymph nodes		
Heart ^a <ul style="list-style-type: none"> Murmurs (auscultation standing, auscultation supine, and ± Valsalva maneuver) 		
Lungs		
Abdomen		
Skin <ul style="list-style-type: none"> Herpes simplex virus (HSV), lesions suggestive of methicillin-resistant <i>Staphylococcus aureus</i> (MRSA), or tinea corporis 		
Neurological		
MUSCULOSKELETAL	NORMAL	ABNORMAL FINDINGS
Neck		
Back		
Shoulder and arm		
Elbow and forearm		
Wrist, hand, and fingers		
Hip and thigh		
Knee		
Leg and ankle		
Foot and toes		
Functional <ul style="list-style-type: none"> Double-leg squat test, single-leg squat test, and box drop or step drop test 		

^aConsider electrocardiography (ECG), echocardiography, referral to a cardiologist for abnormal cardiac history or examination findings, or a combination of those.

Name of health care professional (print or type): _____ Date: _____

Address: _____ Phone: _____

Signature of health care professional: _____, MD, DO, NP, or PA

■ NDHSAA PREPARTICIPATION PHYSICAL EVALUATION

MEDICAL ELIGIBILITY FORM

Name: _____ Date of birth: _____

- Medically eligible for all sports without restriction
 Medically eligible for all sports without restriction with recommendations for further evaluation or treatment of

- Medically eligible for certain sports

- Not medically eligible pending further evaluation
 Not medically eligible for any sports

Recommendations: _____

I have examined the student named on this form and completed the preparticipation physical evaluation. The athlete does not have apparent clinical contraindications to practice and can participate in the sport(s) as outlined on this form. A copy of the physical examination findings are on record in my office and can be made available to the school at the request of the parents. If conditions arise after the athlete has been cleared for participation, the physician may rescind the medical eligibility until the problem is resolved and the potential consequences are completely explained to the athlete (and parents or guardians).

Name of health care professional (print or type): _____ Date: _____

Address: _____ Phone: _____

Signature of health care professional: _____, MD, DO, NP, or PA

SHARED EMERGENCY INFORMATION

Allergies: _____

Medications: _____

Other Information: _____

Emergency Contacts: _____

PERMISSION FOR MEDICAL TREATMENT

In the event of an emergency requiring medical attention, I hereby grant permission for emergency treatment for my daughter/son. I expect an effort will be made to contact me if an emergency occurs. I understand the cost for any medical attention may not be covered or paid by any high school or the North Dakota High School Activities Association. I hereby approve participation in athletic activities.

Grade of Athlete _____ School _____ Sport(s) _____

Parent/Guardian Signature _____ Date _____

Temporary Guardianship Agreement

I, the undersigned parent of _____ hereafter referred to as
Student's Name

_____, who is a student at Oak Grove Lutheran School in Fargo, North Dakota, do hereby grant
Student's First Name

_____ of _____, the authority to take
Host Parent Name(s) Host Family City of Residence

temporary care of the minor child, _____, the grant of which shall be given on _____
Student's First Name Date of Arrival in U.S.

and continue until terminated by the undersigned.

The above named Temporary Guardian shall have full authority to make routine healthcare decisions for

_____.
Student's First Name

Dated: _____

Parent/Guardian Name (Printed): _____

Parent/Guardian Signature: _____

Witnessed by: _____

Statement of Mental Health

International students must have the ability to adapt to a new educational experience, home-life experience, culture and climate with success.

Does your student have any known history of mental or emotional health that impedes his/her ability to navigate and adapt to a new environment and new relationships successfully? Yes No

If yes, provide a brief explanation:

I understand that Oak Grove will provide my student a protocol of support should he/she show behavior of concern in the areas of emotional and mental health. If the faculty, staff, and host family are unable to meet the needs of my student, I understand that he/she will need to return home at the discretion of the school.

Parent/Guardian Signature: _____ Dated: _____

Wire Instructions for International Wires In

Wire to:

BELL BANK
3100 13TH AVENUE SOUTH
FARGO, ND 58103

SWIFT #: BSTTUS44

ABA#: 091310521

For Final Credit to: Oak Grove Lutheran School
 124 North Terrace
 Fargo, ND 58102

Further credit/reference: Student's Name

Account #: 6520901890

You can also find these same Wire Instructions on the Oak Grove website at:
<https://www.oakgrovelutheran.com/international>