



# SEPTEMBER 2024



## OAK GROVE LUTHERAN MIDDLE SCHOOL & HIGH SCHOOL LUNCH MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 <i>No School</i> <i>Labor Day</i>	3 Chicken Breast Sandwich (GF) Crispy Cubed Potatoes (GF) Steamed Green Beans Clementine Orange	4 <i>OG Bowl</i> Mashed Potatoes (GF) w/ Popcorn Chicken, Corn and Gravy Sliced Apples	5 Grover Nachos (GF) w/ Toppings Grapes	6 Pepperoni or Cheese Pizza (GF) Caesar Salad Banana	7
8	9 Chicken Patty on a Bun Potato Salad Kettle Chips Orange Slices	10 Orange Chicken Dumplings Vegetable Fried Rice Steamed Broccoli Pineapple	11 Meat Sauce w/ Pasta (GF) Garlic Toast (GF) Steamed Peas Sliced Kiwi	12 Chicken with Wild Rice Dinner Roll (GF) Steamed Peas & Carrots Cantaloupe	13 Pepperoni or Cheese Pizza (GF) Caesar Salad Banana	14
15	16 Shredded BBQ Chicken Sandwich (GF) Cheesy Mashed Potatoes Steamed Green Beans Apple Slices	17 Bosco Sticks Marinara Sauce (GF) Steamed Green Beans Strawberries	18 Mac N' Cheese BBQ Smokies (GF) Steamed Peas Grapes	19 Chicken a la King with Pasta (GF) Crinkle Carrots Pineapple	20 Pepperoni or Cheese Pizza (GF) Caesar Salad Banana	21
22	23 <i>No School</i> <i>Professional Development Day</i>	24 BBQ Riblet Sandwich (GF) Pasta Salad Kettle Chips Cantaloupe	25 Soft Shell Chicken Taco (GF) w/ Toppings Chips (GF) w/ Guacamole or Nacho Cheese Orange Slices	26 Hamburgers (GF) w/ Toppings Ripple Potato Chips (GF) Strawberries Pasta Salad	27 Pepperoni or Cheese Pizza (GF) Caesar Salad Banana	28
29	30 Sloppy Joe (GF) Au Gratin Potatoes Steamed Sweet Corn Watermelon			NOTES FROM THE KITCHEN: A full salad bar is available each day. Gluten Free (GF) option noted by entrée items.		